

Gratitude for Relationships

Colossians 3:18-24

November 23, 2025

“Then the Lord God said, “It is not good that the man should be alone; I will make him a helper fit for him.” – Genesis 2:18

“For if they fall, one will lift up his fellow. But woe to him who is alone when he falls and has not another to lift him up!” – Ecclesiastes 4:10

“Whoever walks with the wise becomes wise, but the companion of fools will suffer harm.” – Proverbs 13:20

Training to be grateful for my relationships...

1. Learn to Be Healthy Internally (vs. 18-21)

“Wives, submit to your husbands, as is fitting in the Lord.

¹⁹*Husbands, love your wives, and do not be harsh with them.*

²⁰*Children, obey your parents in everything, for this pleases the Lord. ²¹Fathers, do not provoke your children, lest they become discouraged.”*

For the ladies:

“Strength and dignity are her clothing, and she laughs at the time to come. ²⁶She opens her mouth with wisdom, and the teaching of kindness is on her tongue. ²⁷She looks well to the ways of her household and does not eat the bread of idleness.” – Proverbs 31:25-27

“Older women likewise are to be reverent in behavior, not slanderers or slaves to much wine. They are to teach what is good, ⁴and so train the young women to love their husbands and children, ⁵to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled.” – Titus 2:3-5

For the Men:

“Husbands, love your wives, as Christ loved the church and gave himself up for her, ²⁶that he might sanctify her, having cleansed her by the washing of water with the word, ²⁷so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.” – Ephesians 5:25-27

For the Parents & Youth:

“Train up a child in the way he should go; even when he is old he will not depart from it.” – Proverbs 22:6

2. Become Externally Healthy (vs. 22-24)

“Bondservants, obey in everything those who are your earthly masters, not by way of eye-service, as people-pleasers, but with sincerity of heart, fearing the Lord. ²³Whatever you do, work heartily, as for the Lord and not for men, ²⁴knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.”

“How can a young man keep his way pure? By guarding it according to your word.” – Psalm 119:9

“So, flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart.”
– 2 Timothy 2:22