

Building Blocks: Family

Ephesians 5:22-33

February 8, 2026

“Look carefully then how you walk, not as unwise but as wise,¹⁶ making the best use of the time, because the days are evil.¹⁷ Therefore do not be foolish but understand what the will of the Lord is.¹⁸ And do not get drunk with wine, for that is debauchery, but be filled with the Spirit,¹⁹ addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart,²⁰ giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,²¹ submitting to one another out of reverence for Christ.”

– Ephesians 5:15-21)

2. Seek to Become Holy (vs. 26-27)

“that he might sanctify her, having cleansed her by the washing of water with the word,²⁷ so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.”

“Sanctify them in the truth; your word is truth.¹⁸ As you sent me into the world, so I have sent them into the world.¹⁹ And for their sake I consecrate myself, that they also may be sanctified in truth.”

– John 17:17-19

*“for at one time you were darkness, but now you are light in the Lord.
Walk as children of light”* – Ephesians 5:8

How to have a strong family, a great marriage, and a faithful ministry...

1. Learn About Biblical Submission (vs. 22-25)

“Wives, submit to your own husbands, as to the Lord.²³ For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior.²⁴ Now as the church submits to Christ, so also wives should submit in everything to their husbands.²⁵ Husbands, love your wives, as Christ loved the church and gave himself up for her,”

“Therefore, be imitators of God, as beloved children.² And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.” – Ephesians 5:1-2

3. Walk Together in Unity of Faith (vs. 31-33)

“Therefore, a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.”³² This mystery is profound, and I am saying that it refers to Christ and the church.³³ However, let each one of you love his wife as himself, and let the wife see that she respects her husband.”

“I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called,² with all humility and gentleness, with patience, bearing with one another in love,³ eager to maintain the unity of the Spirit in the bond of peace.” – Ephesians 4:1-3