

Building Blocks: Family  
Ephesians 5:22-33  
February 8, 2026

*“Look carefully then how you walk, not as unwise but as wise, <sup>16</sup>making the best use of the time, because the days are evil. <sup>17</sup>Therefore do not be foolish but understand what the will of the Lord is. <sup>18</sup>And do not get drunk with wine, for that is debauchery, but be filled with the Spirit, <sup>19</sup>addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, <sup>20</sup>giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ, <sup>21</sup>submitting to one another out of reverence for Christ.”*  
– Ephesians 5:15-21)

*“for at one time you were darkness, but now you are light in the Lord.  
Walk as children of light”* – Ephesians 5:8

*How to have a strong family, a great marriage, and a faithful ministry...*

1. Learn About Biblical Submission (vs. 22-25)

*“Wives, submit to your own husbands, as to the Lord. <sup>23</sup>For the husband is the head of the wife even as Christ is the head of the church, his body, and is himself its Savior. <sup>24</sup>Now as the church submits to Christ, so also wives should submit in everything to their husbands. <sup>25</sup>Husbands, love your wives, as Christ loved the church and gave himself up for her,”*

*“Therefore, be imitators of God, as beloved children. <sup>2</sup>And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.”* – Ephesians 5:1-2

2. Seek to Become Holy (vs. 26-27)

*“that he might sanctify her, having cleansed her by the washing of water with the word, <sup>27</sup>so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish.”*

*“Sanctify them in the truth; your word is truth. <sup>18</sup>As you sent me into the world, so I have sent them into the world. <sup>19</sup>And for their sake I consecrate myself, that they also may be sanctified in truth.”*  
– John 17:17-19

3. Walk Together in Unity of Faith (vs. 31-33)

*“Therefore, a man shall leave his father and mother and hold fast to his wife, and the two shall become one flesh.” <sup>32</sup>This mystery is profound, and I am saying that it refers to Christ and the church. <sup>33</sup>However, let each one of you love his wife as himself, and let the wife see that she respects her husband.”*

*“I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>eager to maintain the unity of the Spirit in the bond of peace.”* – Ephesians 4:1-3